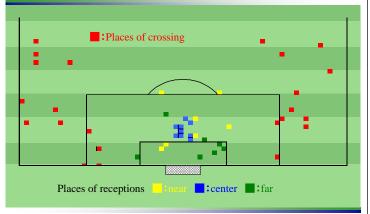


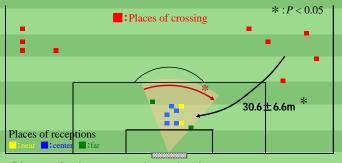
# Crosses by side attacks



## 🤕 Early crosses

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Distance of early crosses was longer than deep crosses.Places of receptions was concentrated between penalty spot and goal area.

Distance, time, and number of players of counter attack



				*.F < 0.03		
	Dribble	Movement of 3 <sup>rd</sup> . player	Through pass	Others	SUM	
Delayed attack	7	10*	9	9	35	
Counter attack	8	1 *	9	4	22	
SUM	15	11	18	13	57	
			N- 57	$N = 57 = 6.74 (\alpha = 0.001)$		

N= 57 x= 6.74 ( $\alpha$  = .081)

In delayed attack, it was indicated that occasions into penalty area by the movement of third player were significantly more than others.

→it was necessary to penetrate the strong block.

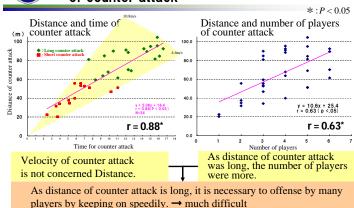
 $\rightarrow \! it$  was indicated mobility by creating and exploiting the space when forward passes were played.

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is only one of the professional physical coach who have Ph.D. in Japan.

My target & dream is to work in Europe especially Italy, and to make Japan win the world cup to 50 years later.





#### Keywords:

- Physical training for football player,
- Explosive power,
- Game analysis,

Statistical analysis, Multiple variance analysis

#### **Main Paper**

 <u>H. Yamada</u>, T. Nishijima. Multitrait factor structure of control tests for power development program in soccer. International Journal of Sport and Health Science 1(1), 103-109, 2003



11

14

12



•As the places of crossing was deep, those were closer to the center. •Crosses near the goal line reached into the goal area and the out of level of far post.

• Others reached to the out of goal area or the out of level of both posts.



### 15

- Trend of offense play
  - There were many goals through penalty area.
  - Counter attack: Offense speedily into vital area.
  - Delayed attack: The ratio of side attack is higher.
- · Penetrate into penalty area
  - In delayed attack, especially there were many plays by the movement of third player.
- Side attack and cross
- Early cross: Places of receptions is concentrated between penalty spot and goal area.
- Deep cross: As the places of crossing is deep, those are closer to the center.
- Counter attack
- Velocity of counter attack is not concerned Distance.
- As distance of counter attack was long, the number of players were more.

fine



Tokushima Vortis is the Japanese professional football club. Now, 2<sup>nd</sup> praise in division 2. The home page address is here (in Japanese only). http://www.vortis.jp/

